

10128

Fig. 1

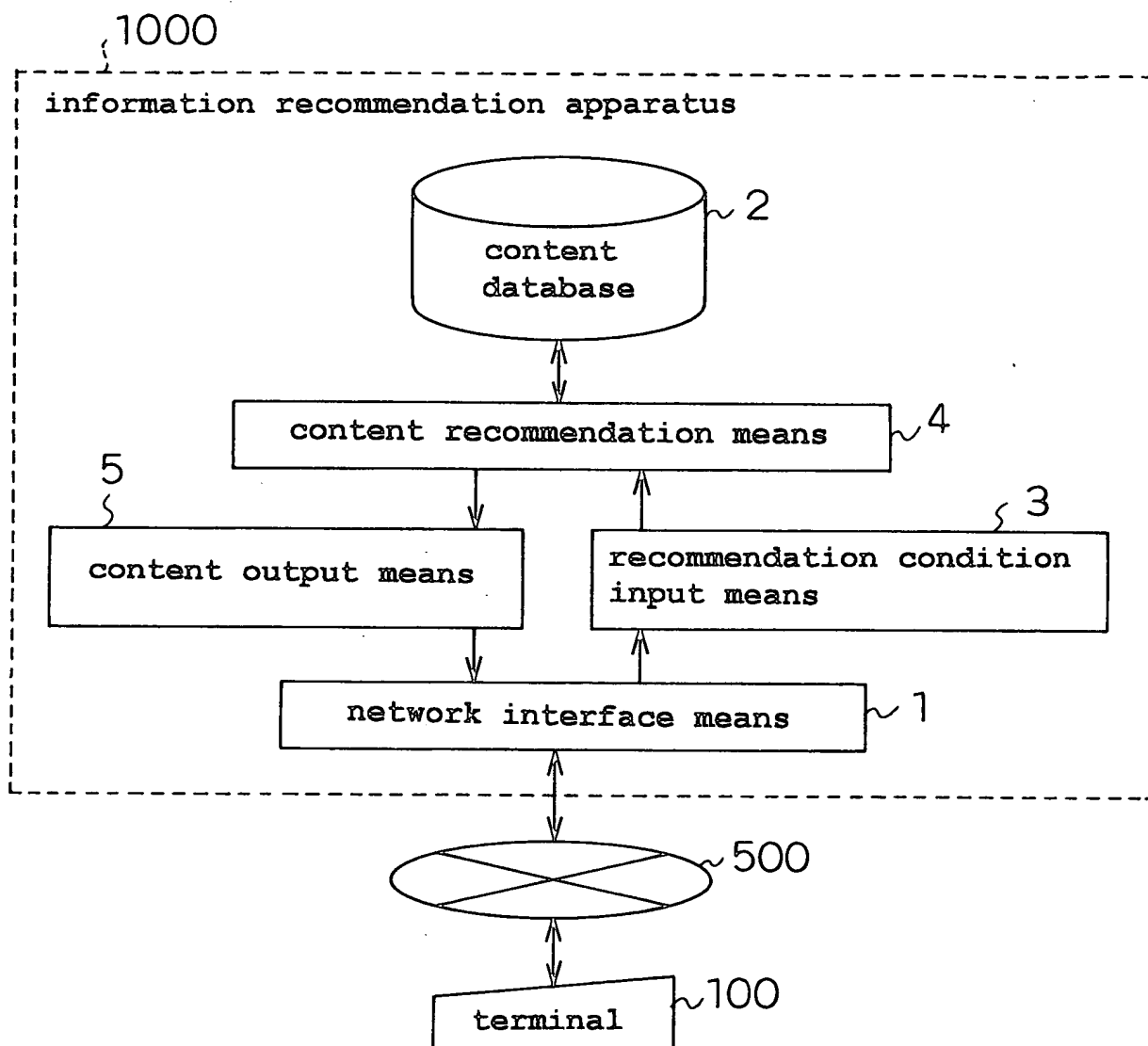


Fig. 2

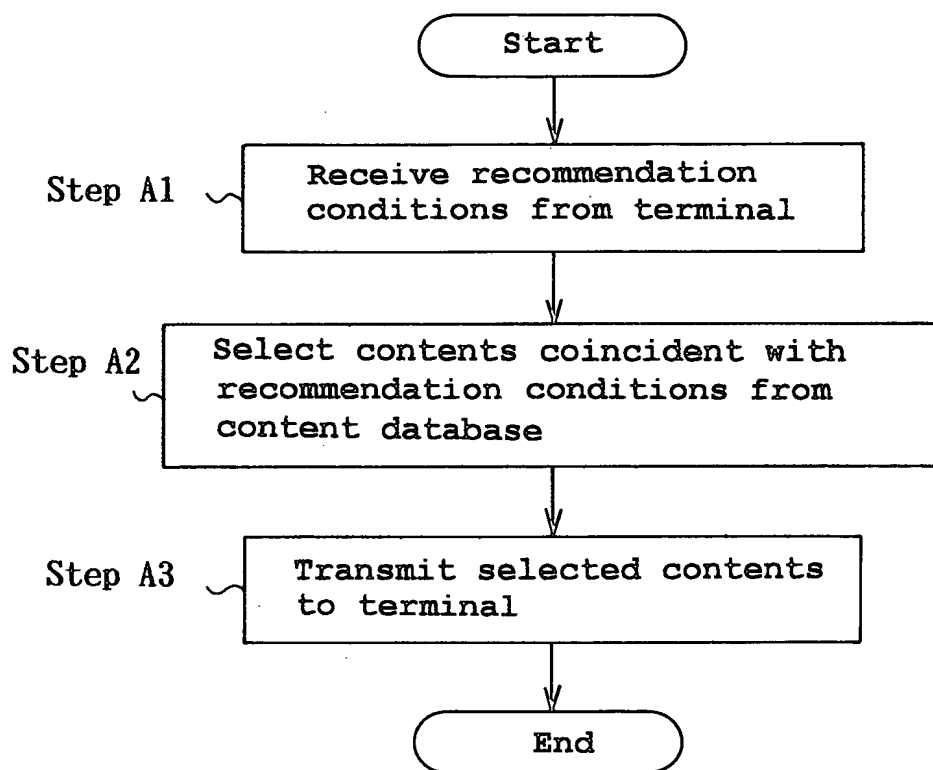
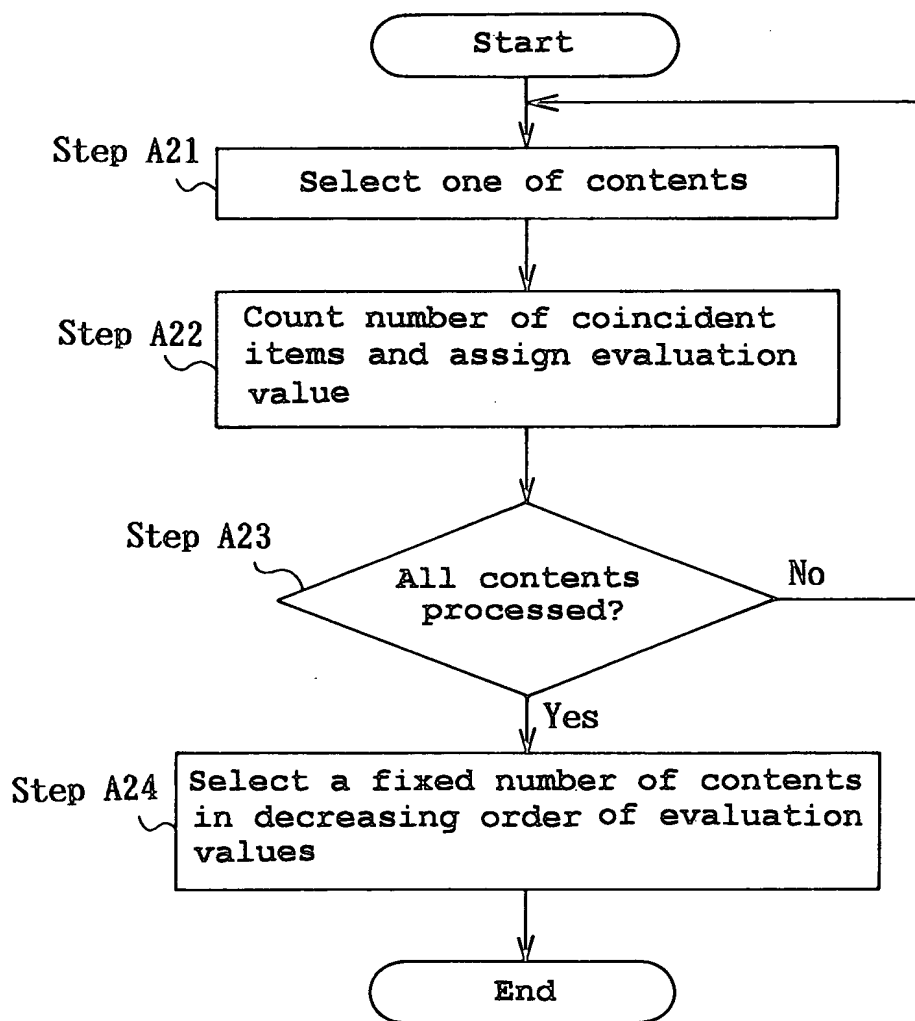


Fig. 3

Data ID	03421	
Recipe name	Hamburger	
Cooking method	Sprinkle salt and pepper on minced meat, break an egg onto the meat, and mix them well ...	
Ingredients	Minced meat	300g
	Onion	1 piece
	⋮	⋮
Cooking time	30 minutes	
Calories	630kcal	
Impression	Grade of easiness	4
	Grade of lightness	2
	⋮	

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Fig. 4



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Fig. 5

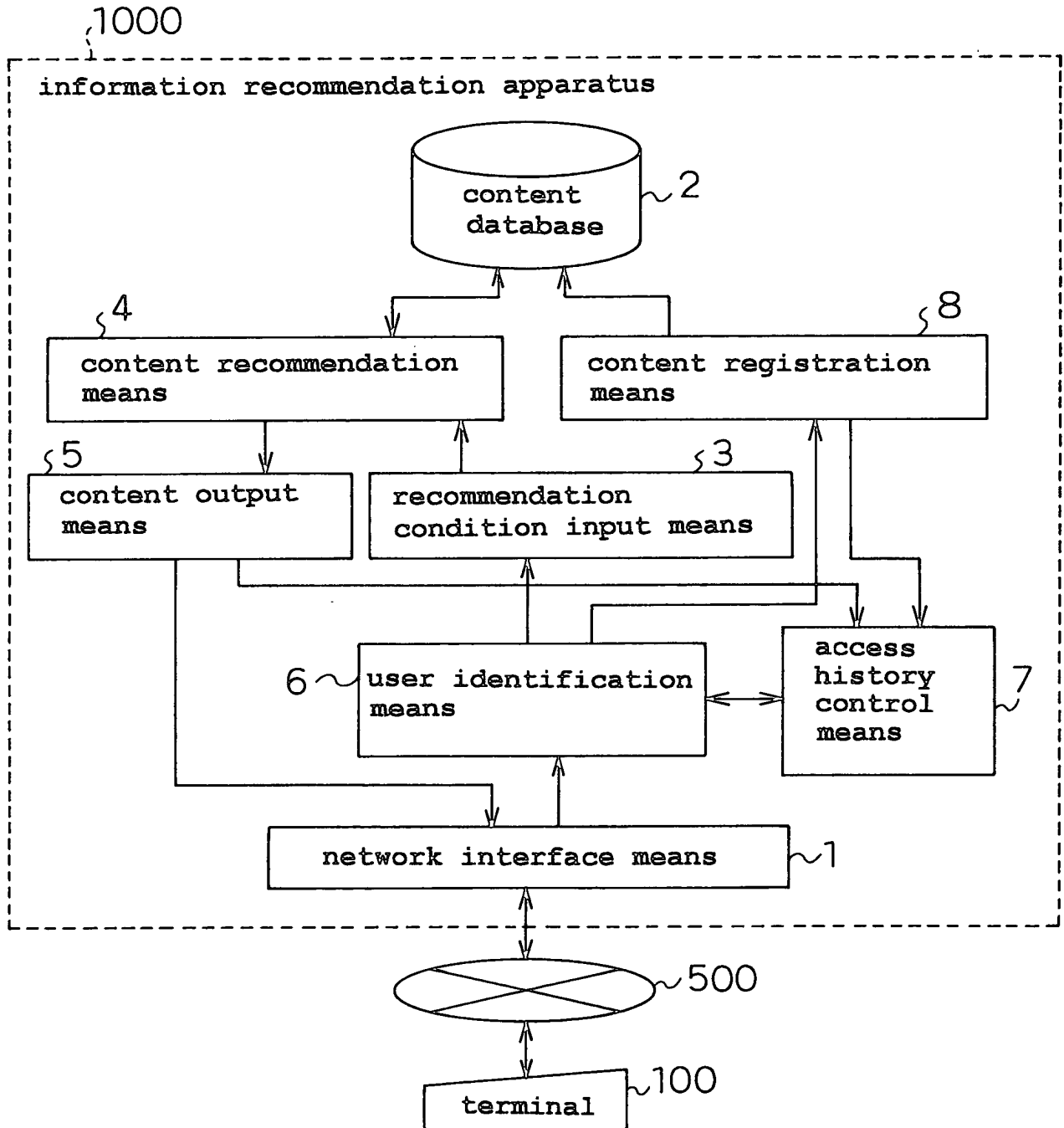


Fig. 6

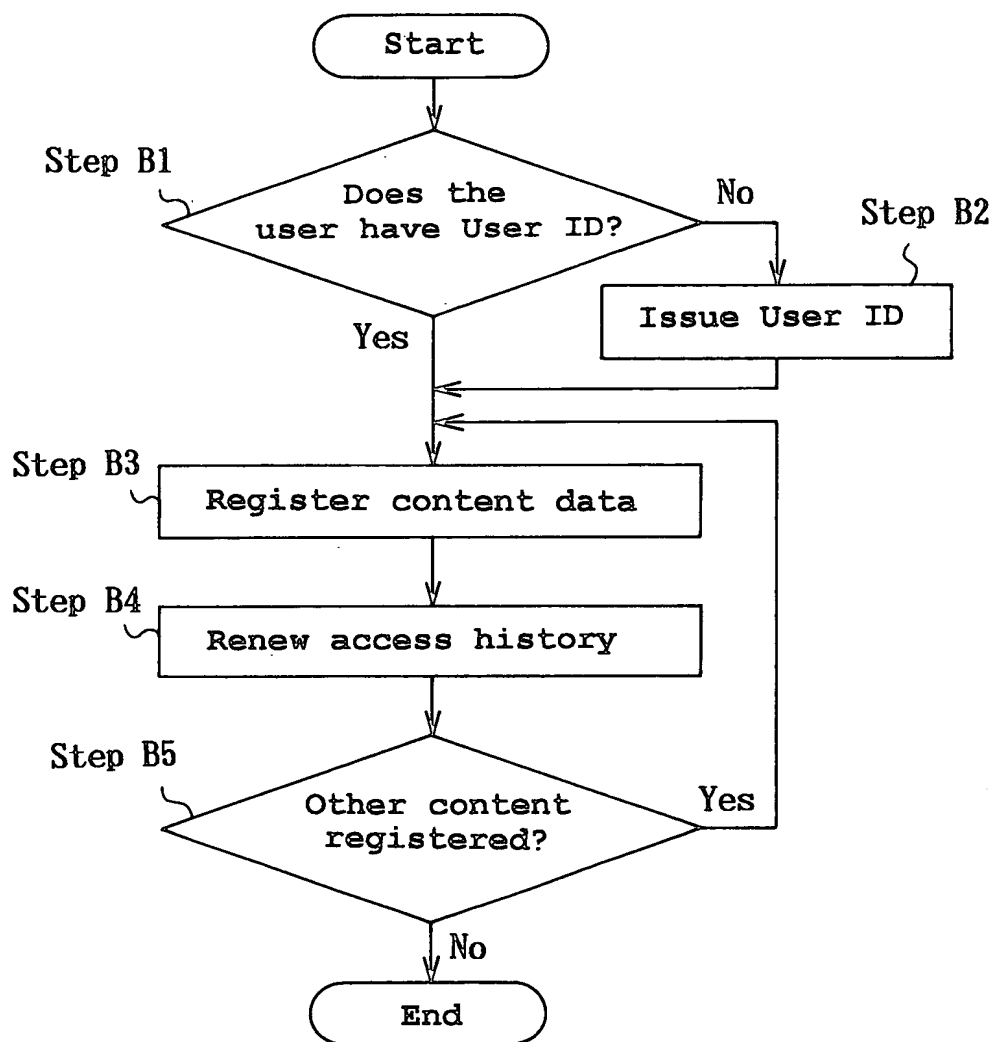
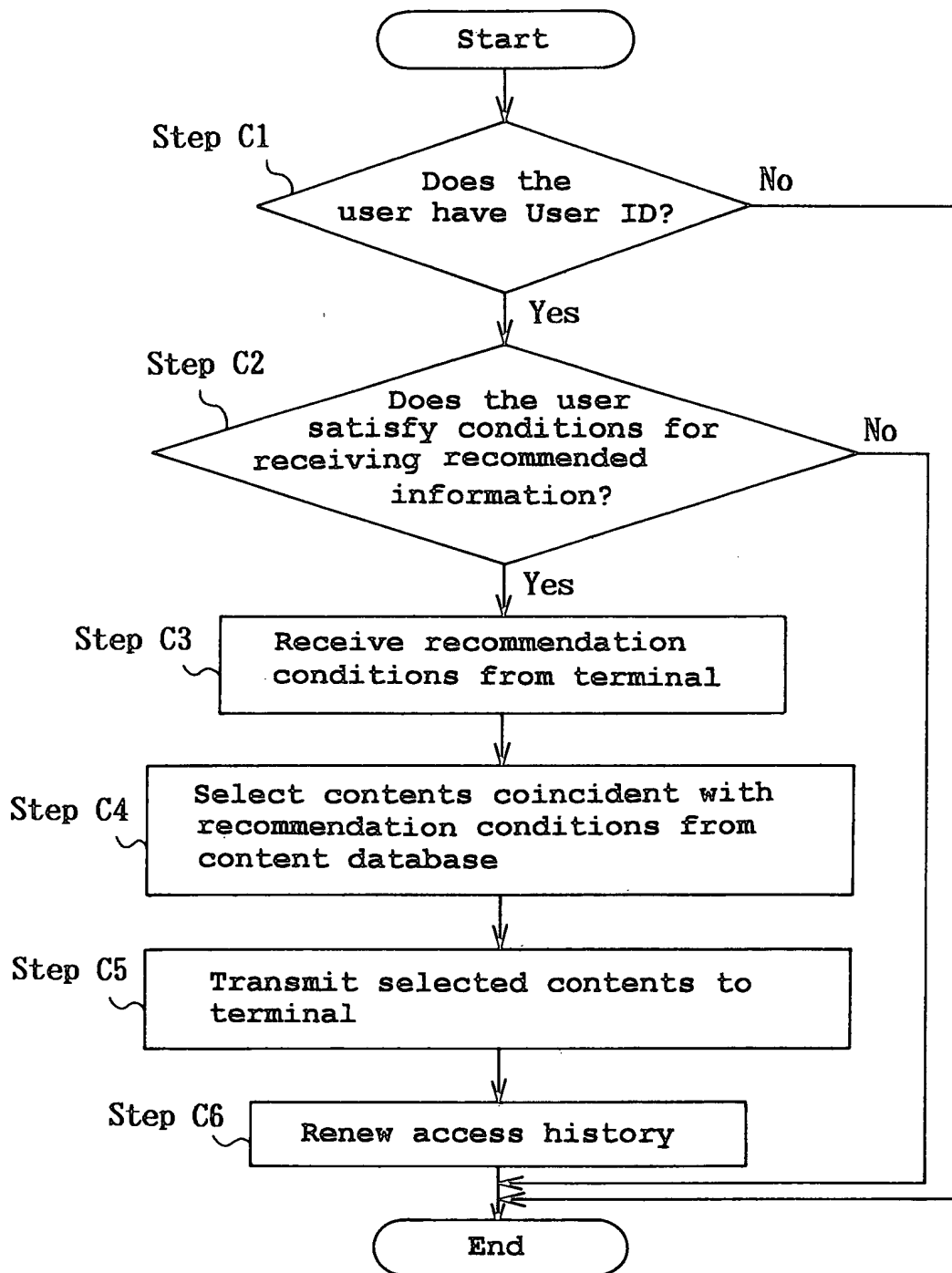


Fig. 7

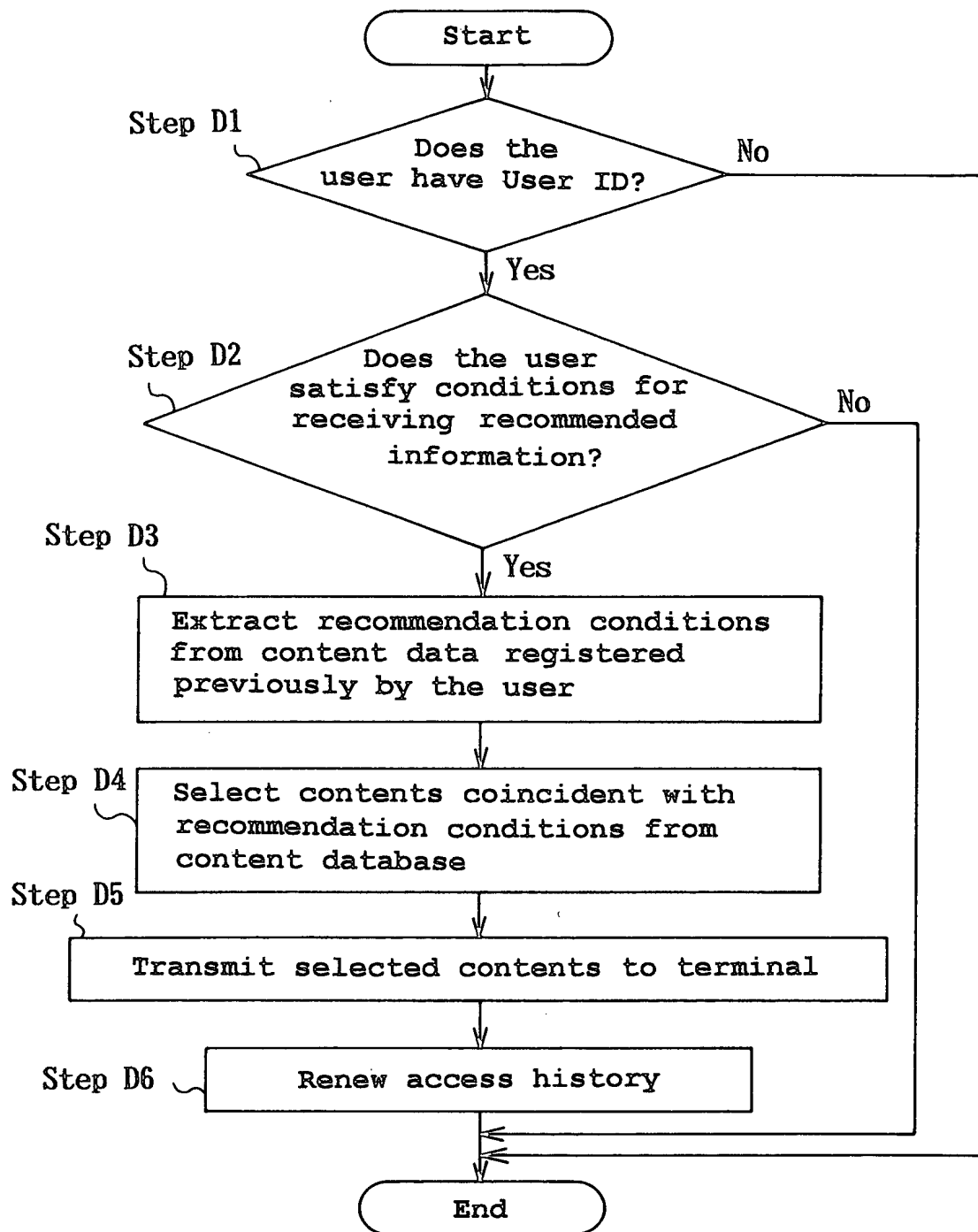


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Fig. 9



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Fig. 10

Ingredient	Frequency
Pork	0.1942812
Onion	0.1371636
Cabbage	0.1298416
Carrot	0.1277738
Minced meat	0.112801
Egg	0.111665
Tofu	0.1035538
⋮	⋮

Cooking time	Frequency
20 to 30 minutes	0.143142
10 to 20 minutes	0.130231
30 to 40 minutes	0.120875
40 to 50 minutes	0.31496
0 to 10 minutes	0.20286
⋮	⋮

Calories	Frequency
500 to 600kcal	0.133679
400 to 500kcal	0.127821
200 to 300kcal	0.111312
⋮	⋮

Data ID	03421	
Registrant ID	PAW24531	
Recipe name	Hamburger	
Cooking method	Sprinkle salt and pepper on minced meat, break an egg onto the meat, and mix them well ...	
Ingredients	Minced meat	300g
	Onion	1 piece
	:	:
Cooking time	30 minutes	
Calories	630kcal	
Impression	Grade of easiness	4
	Grade of lightness	2
	:	:

Fig. 12

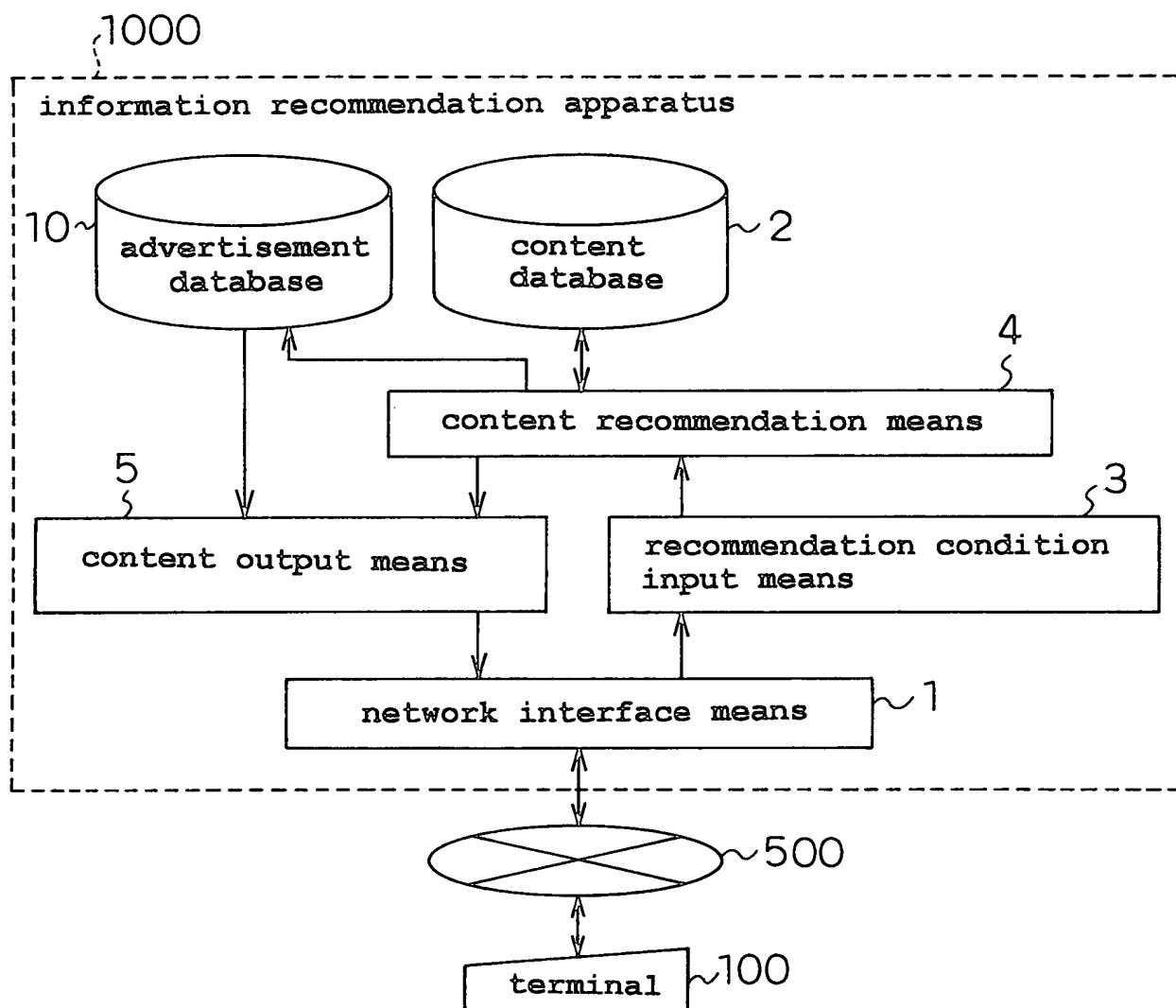


Fig. 13

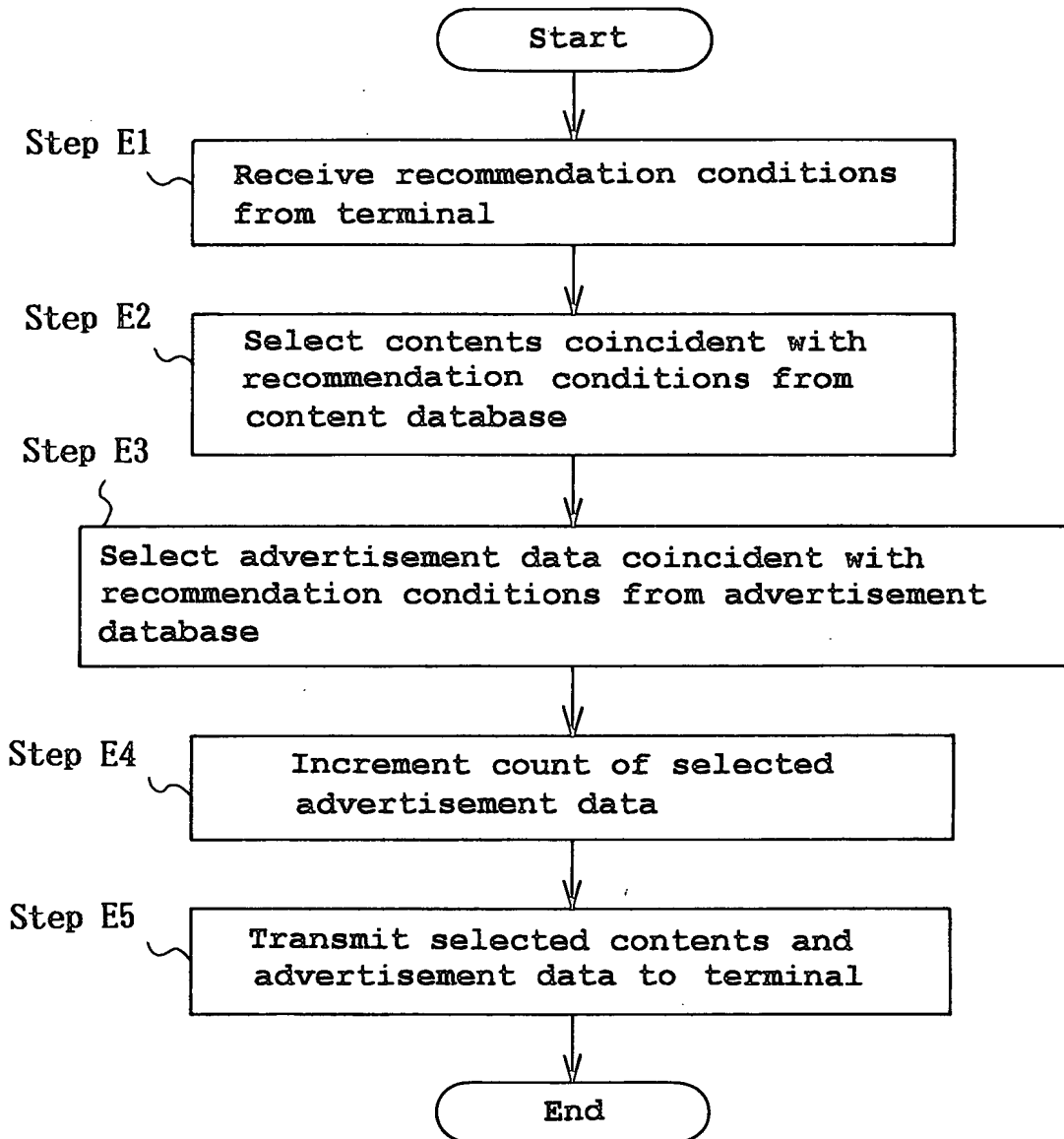


Fig. 14

Data ID	AD3041	
Counter	00453	
Advertisement	☆☆ When it comes to meat, come and see "Matsusakaya." !! ☆☆ Bargain sale on all days. Matsusakaya is definitely on the side of homemakers! In front of the fountain at Manrin shopping center, closed every Thursday	
Related information	Ingredient	Beef
	Price	Low
	:	:

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Fig. 15

<http://www.osusume-recipe.com>

These are recipes recommended to you!

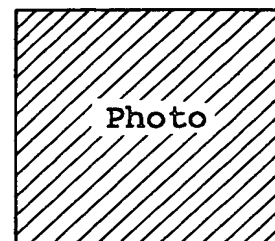
## 1. Minced meat rolled in cabbage leaves

Cooking time: 60 minutes, 430 kcal

Ingredients: cabbage, carrot, ...

**Cooking method:**

- ```
1. Chop cabbage coarsely ...
... ..
... ..
```



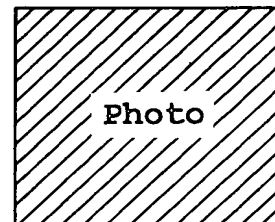
## 2. Stir-fried cabbage

Cooking time: 10 minutes, 640 kcal

Ingredients: cabbage, pork, ...

**Cooking method:**

- ```
1. Chop cabbage finely ...
... ..
... ..
```



<http://www.osusume-recipe.com>

These are recipes recommended to you!

1. Minced meat rolled in cabbage leaves

Cooking time: 60 minutes, 430 kcal

Ingredients: cabbage, carrot, ...

Cooking method:

1. Chop cabbage coarsely ...

... ..

... ..

2. Stir-fried cabbage

Cooking time: 10 minutes, 640 kcal

Ingredients: cabbage, pork, ...

Cooking method:

1. Chop cabbage finely ...

... ..

... ..

☆☆ When it comes to vegetables, come and see

"Yaosuke." !! ☆☆

Bargain sale on all days. Yaosuke is definitely on the side of homemakers!

At front entrance to Manrin shopping center, closed every Wednesday



Fig. 17

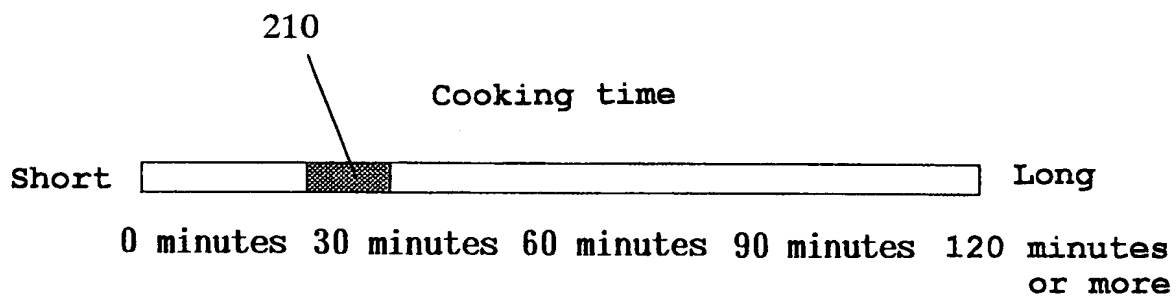


Fig. 18

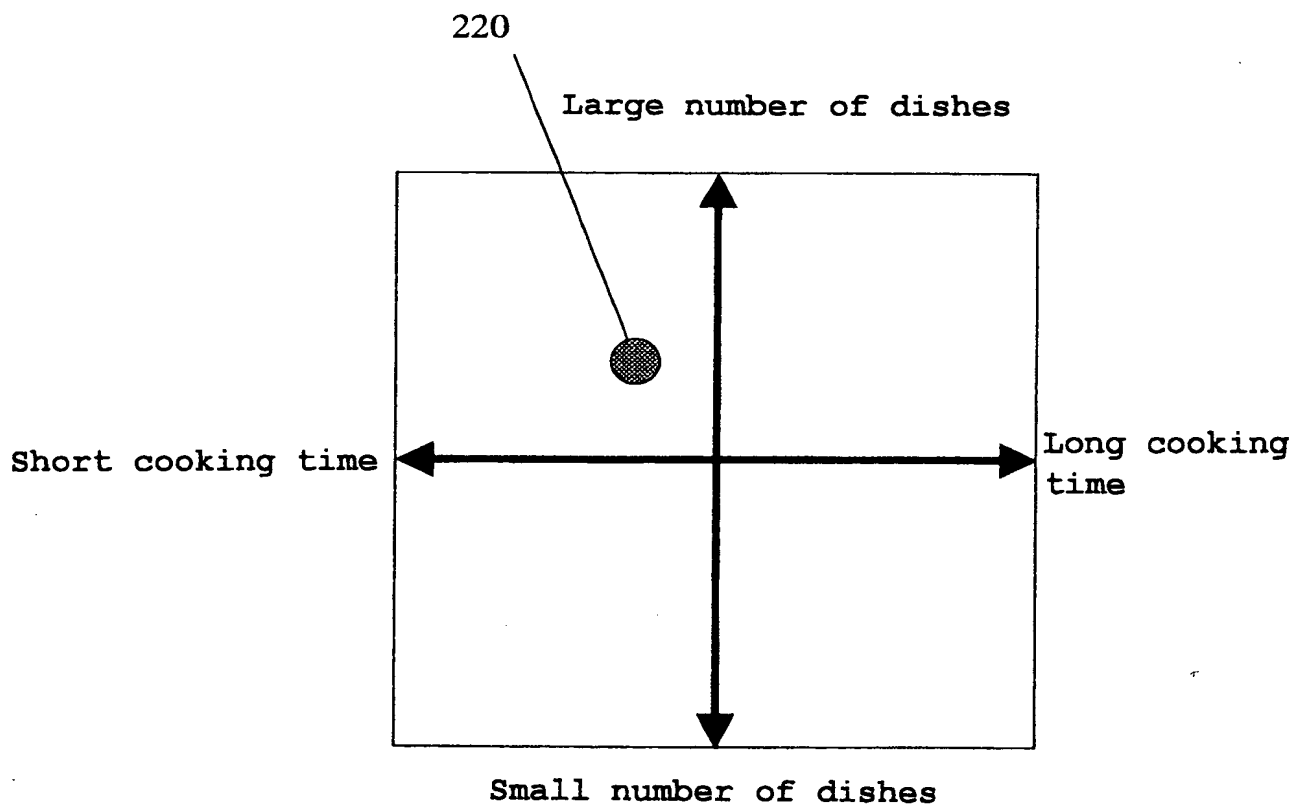


Fig. 19

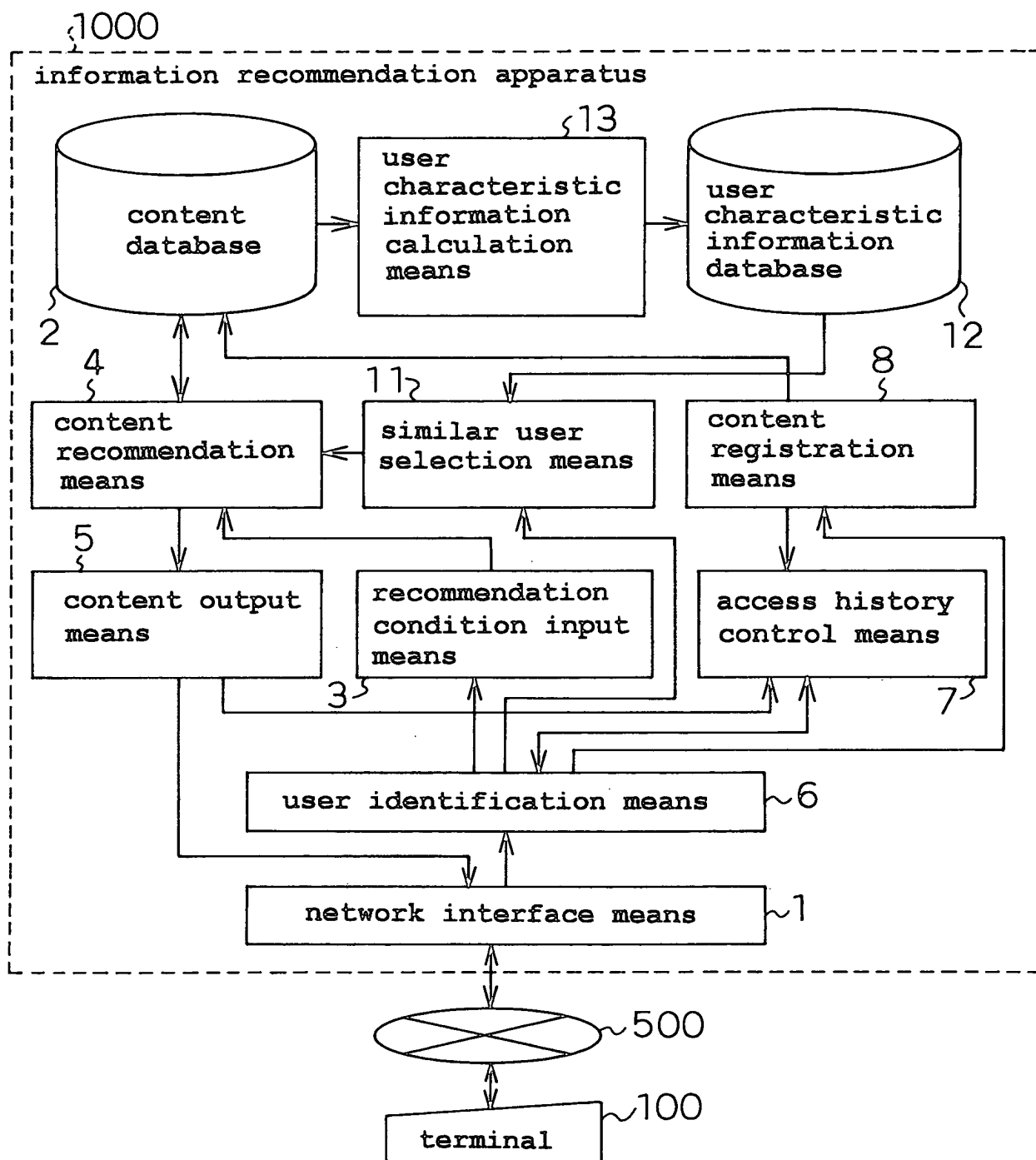
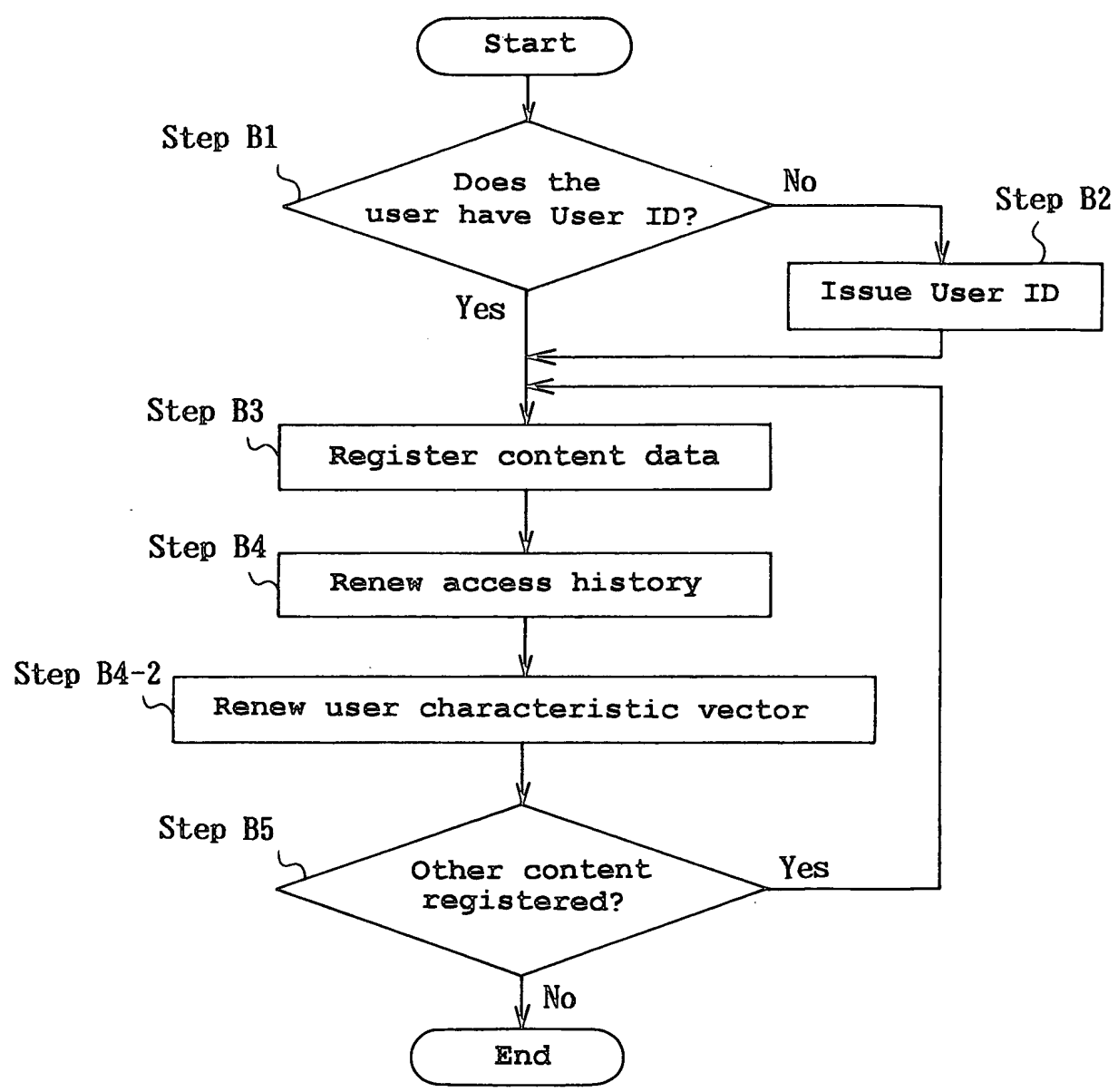


Fig. 20



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Fig. 21

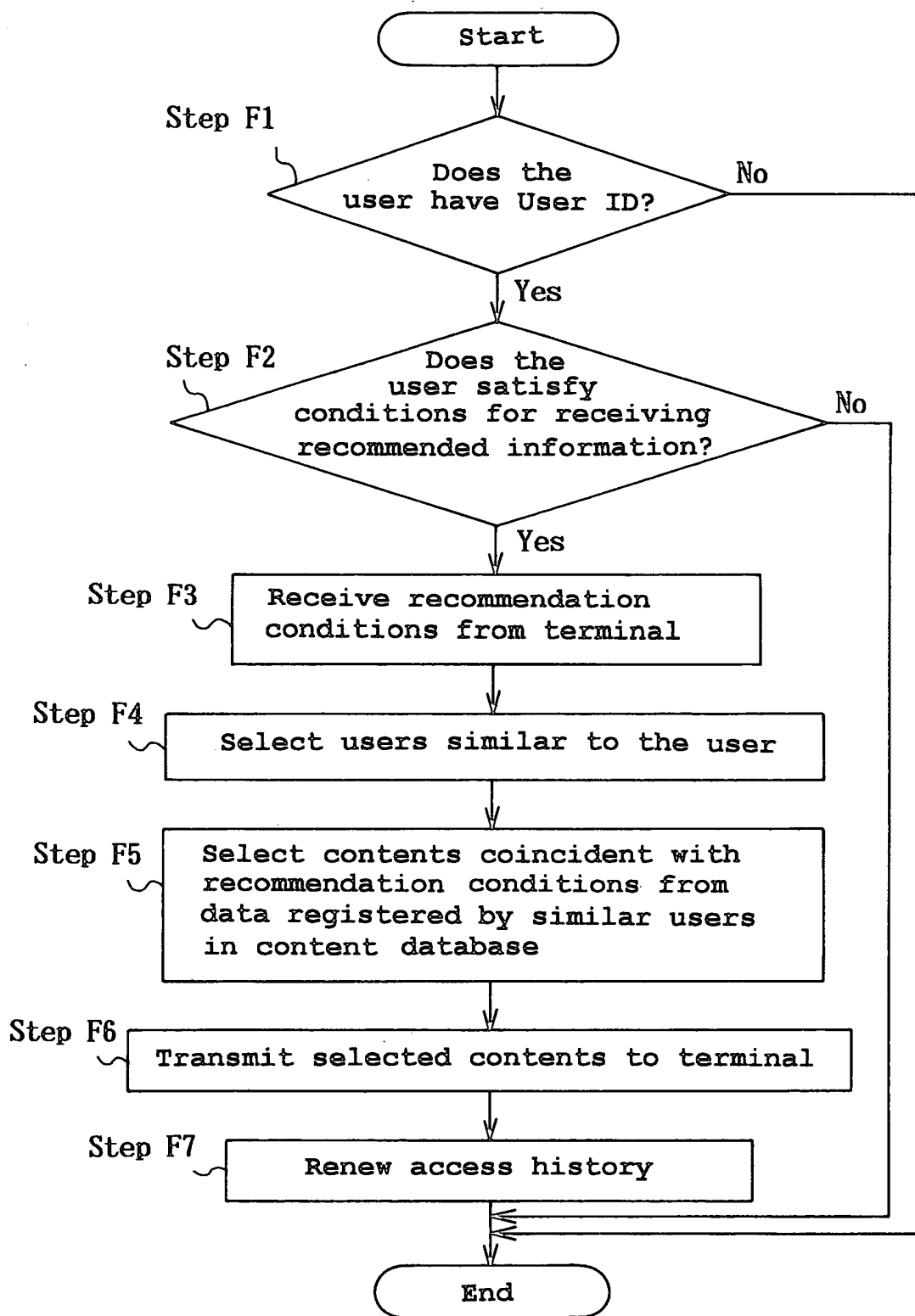




Fig. 23

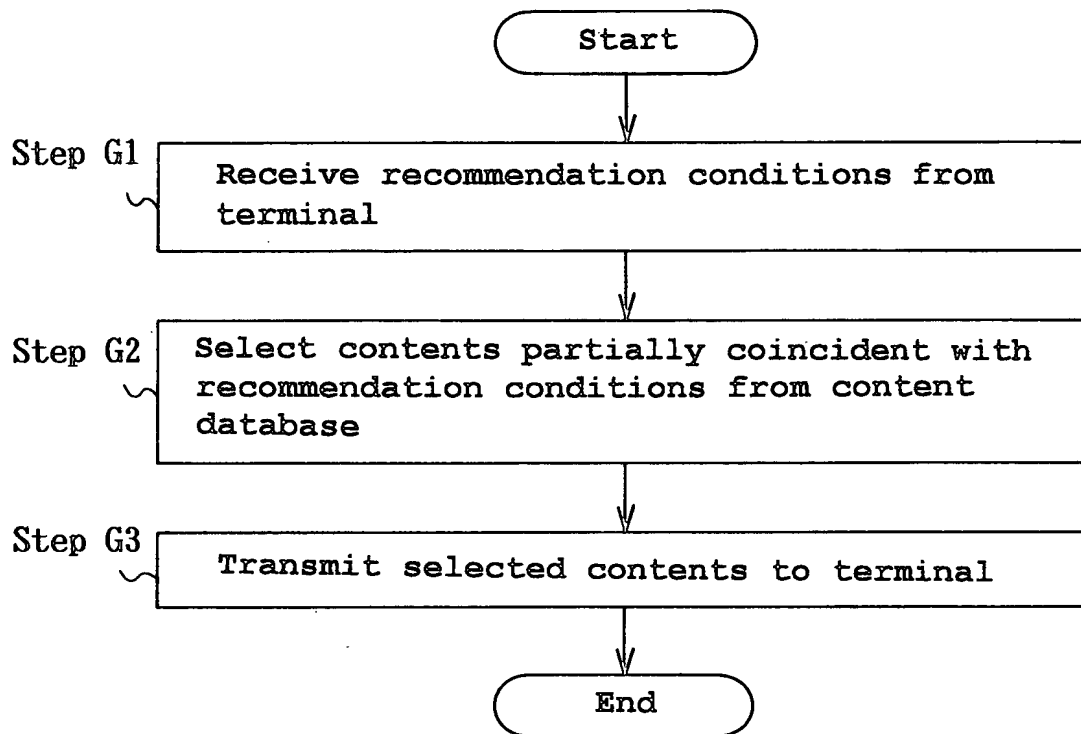
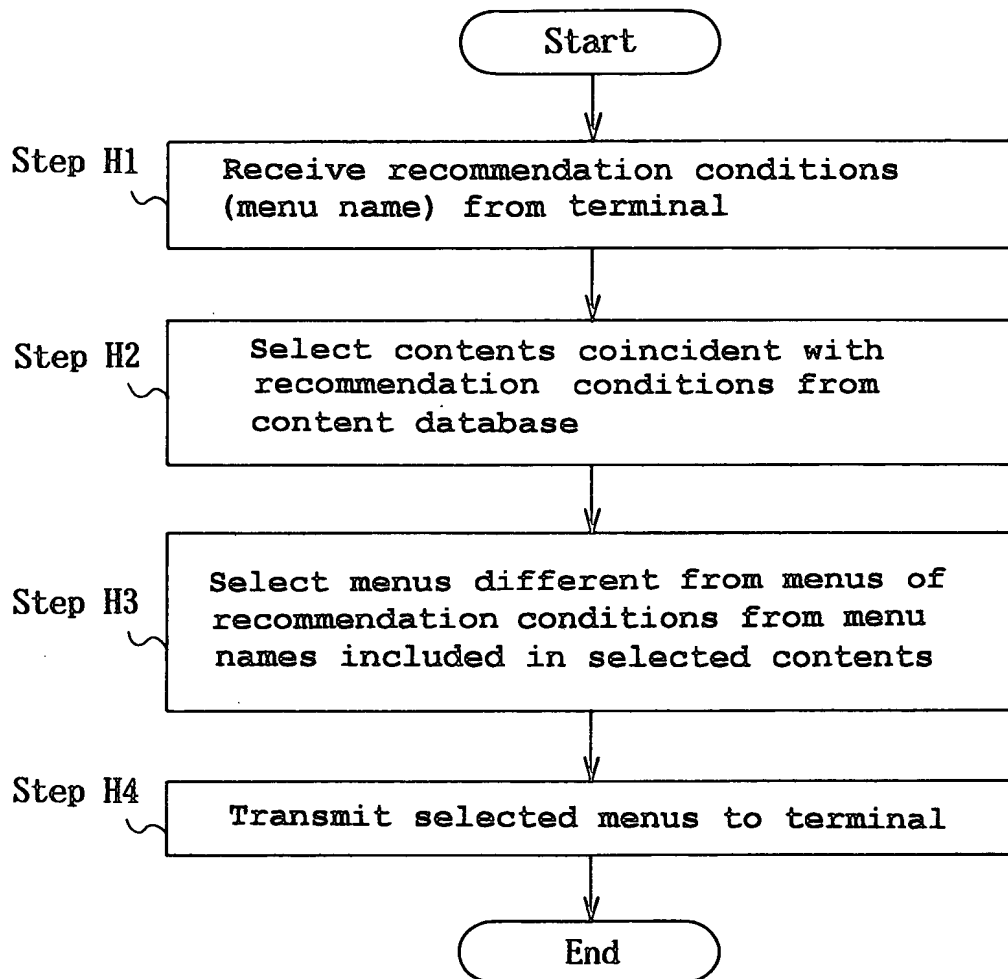


Fig. 24

Data ID	03421	
Recipe name	Hamburger	
Cooking method	Sprinkle salt and pepper on minced meat, break an egg onto the meat, and mix them well ...	
Ingredients	Minced meat	300g
	Onion	1 piece
	:	:
Recipe name	Potato salad	
Cooking method	Boil potato, ...	
Ingredients	Potato	2 pieces (middle size)
	Carrot	1 piece
	:	:

Fig. 25



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Fig. 26

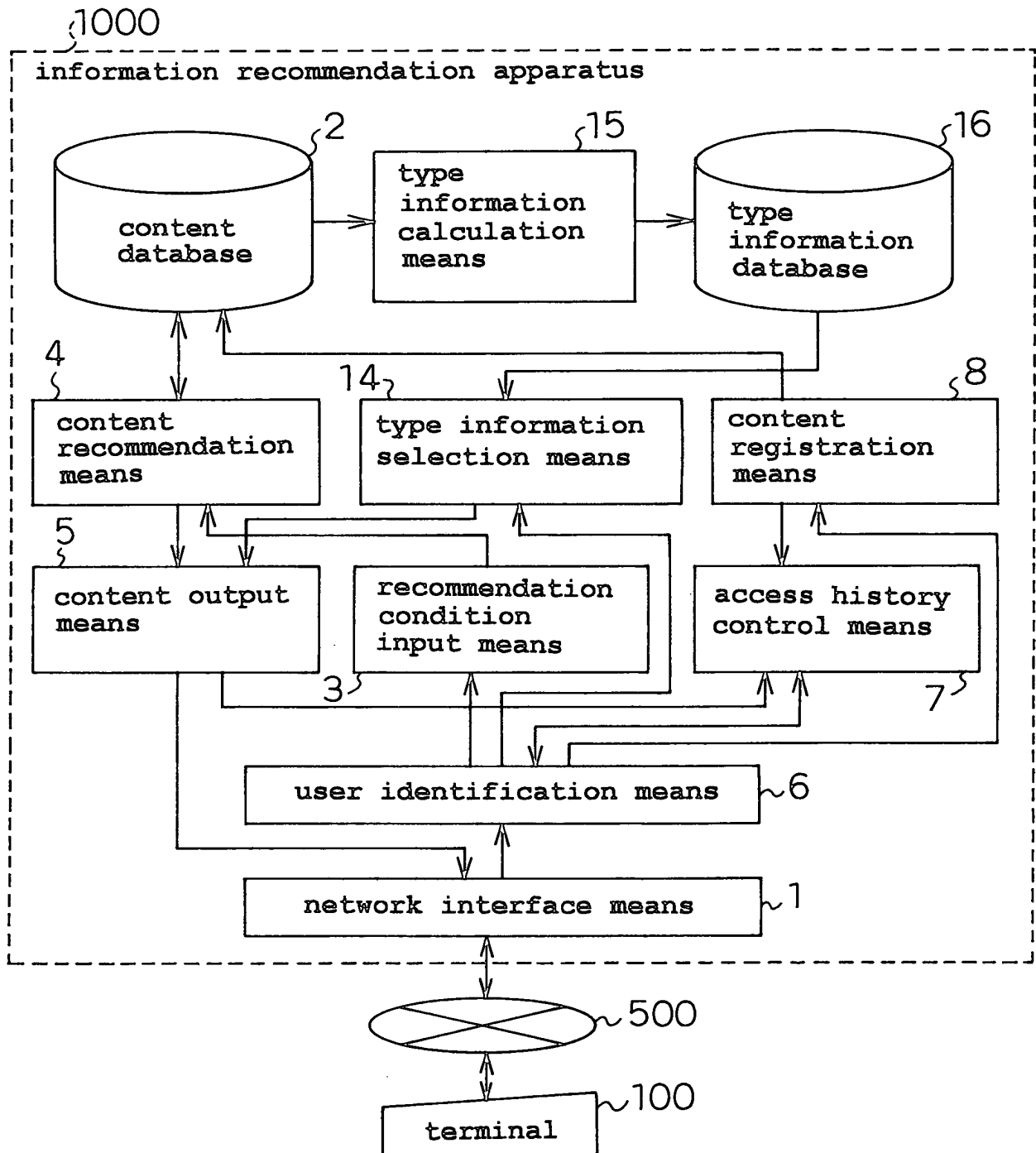
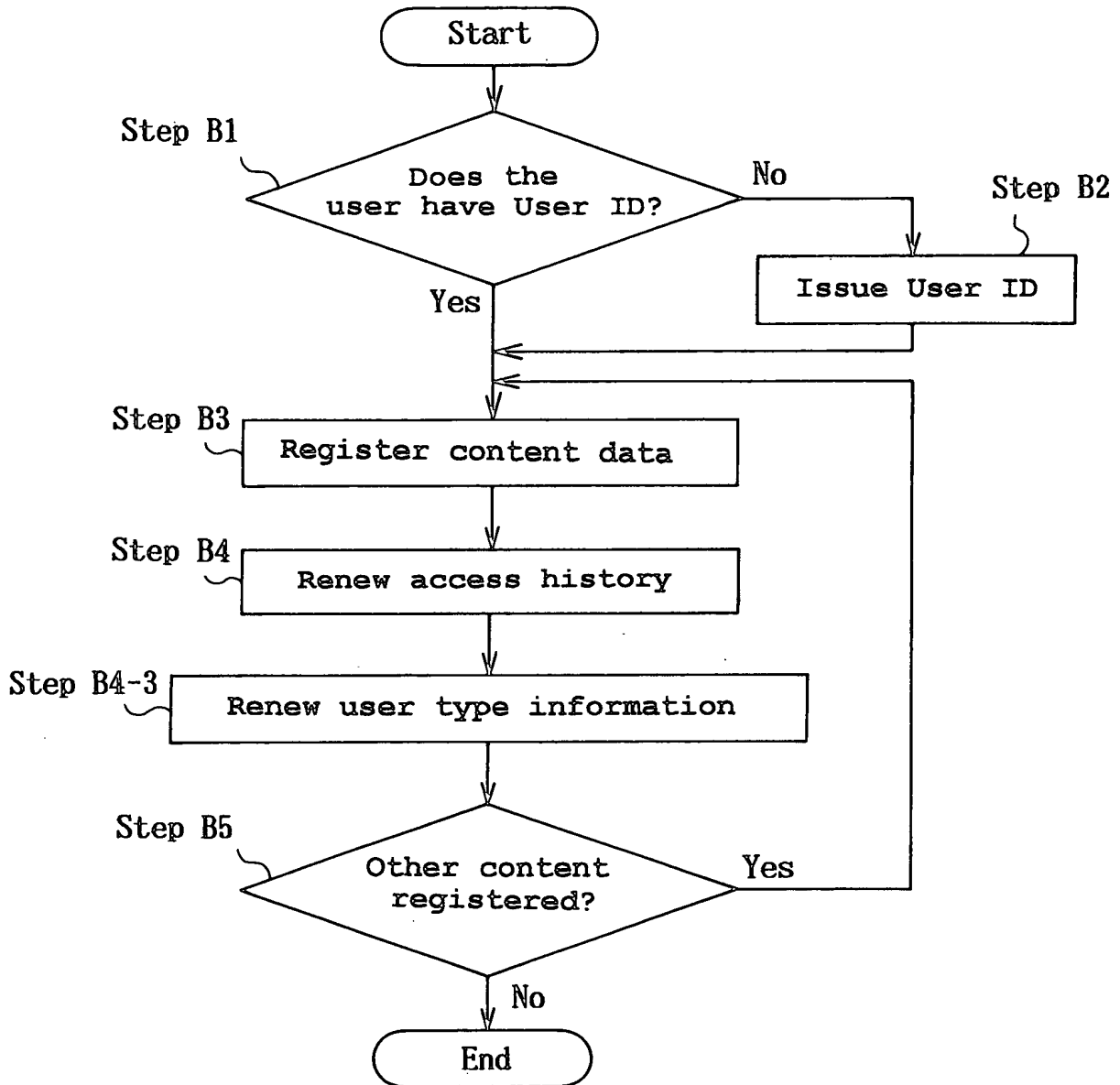
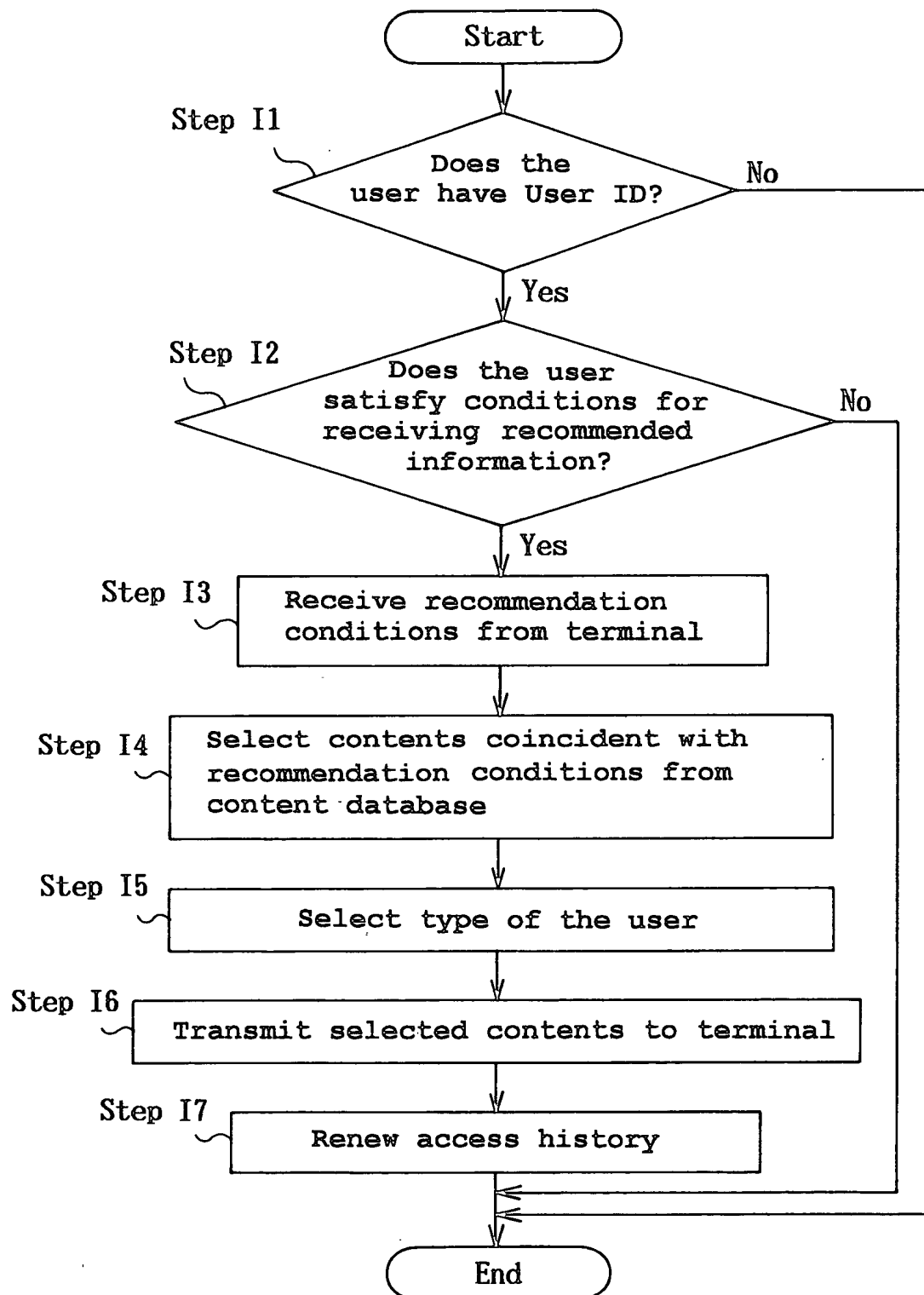


Fig. 27



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Fig. 28



Photo